



U9/U10 & U11/12 Soccer Quick Rules

Age Group	Game Length	Half Time	Players on Field	Ball Size	Goal Size	Field Size	Build Out Line	Offsides	Referee	Notes
U9/U10	Two 25 Minutes Half's (2x25)	5 Minutes	7v7	Four (4)	7' (H) by 18' (L)	55' (L) by 35' (W)	Yes	Yes	Yes	•Sportsmanship •Proper treatment of teammates, coaches, opponents, and officials •Goalkeepers: No punting •No Slide Tackles
U11/U12	Two 30 Minutes Half's (2x30)	5 Minutes	9v9	Four (4)	7' (H) by 21' (L)	70' (L) by 45' (W)	No	Yes	Yes	•Sportsmanship •Proper treatment of teammates, coaches, opponents, and officials

Build Outline U9/U10

- On a goal kick, the defending team must retreat to the build-out line (dotted line for U9-10). Players must wait at the build out line to advance until the ball is in play. The ball is in play as soon as it is touched.
- In terms of goalkeeper possession (U9/10), the defending team must retreat to the build out line when GK has possession of the ball. Players must wait behind the line until the ball is put back into play.
- The ball is in play as soon as it leaves the GK's hands regardless of whether they are rolling/throwing/or kicking it from the ground.
- No punting or drop kicking. If a GK does not wait until the defending team retreats and puts the ball into play, the ball is live, and an attacking player may immediately go for the ball.